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Clinical Therapy in Breastfeeding Patients, 3rd edition

Thomas W Hale, PhD, and Pamela Berens, MD

Hale Publishing, 2010

540 pages, appendices, glossary, index, US\$29.95

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What medications are used to treat migraine headaches? Endometriosis? Low back pain? How safe are medications to a breastfeeding baby when its mother needs treatment for these conditions? The answer for these and for over 80 more conditions can be found in this book. Its particular usefulness resides in the clustering of treatment medications around individual conditions in dedicated chapters.

Clinical Therapy in Breastfeeding Patients reframes and expands on information published in **Medications in Mothers' Milk (MMM)** with the practicing clinician in mind. The length of coverage of a particular drug varies for each condition. For example, the *Comment* on metoclopramide spans 1.5 pages in ***Insufficient Milk Supply***, 1 page in ***Migraine Headache***, 12 lines in the section of ***Anesthetic Agents***, and 8 lines in ***Tension Headache***.

Each chapter contains the basic description of the condition/syndrome and its therapy, a list of treatment options and of medications (with the familiar AAP breastfeeding compatibility recommendation, Hale's lactation risk category, recommended infant dose, and pregnancy risk category), concluding tips for the clinician according to currently recommended therapy(ies) based on evidence, and a short list of suggested reading. The reader is referred to **MMM** for the primary citations, which will limit the usefulness of this book for some. The ***Glossary*** is a list of abbreviations that is not in alphabetic order. The index pages are not numbered.

Lactation consultants will be particularly interested in 2 appendices, both of which should be at the fingertip of any practitioners caring from breastfeeding couples. *Managing Hyperbilirubinemia in Healthy Term Newborns: The AAP Practice Standard* tabulates baby's age, bilirubin levels and recommended treatments in a user-friendly way. *Guidelines for Glucose Monitoring and Treatment of Hypoglycemia in Term Breastfed Neonates* brings up key points from the Academy of Breastfeeding Medicine's Clinical Protocol #1.

Clinicians will find **Clinical Therapy in Breastfeeding Patients** both informative and easy to use, and should consult it regularly when caring for breastfeeding mothers and babies.

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