



ILCA Print and Multimedia Reviews September 2009 – Available at www.ILCA.org

***min*Medications and Mothers' Milk 2008** (Thirteenth Edition)

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Hale Publishing, LP, 2009

224 pages, index, softcover, US\$14.95

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This succinct, abridged version of the full edition **Medications and Mothers' Milk (Thirteenth Edition)** is designed to be a portable and quick resource for those familiar with medications who are frequently providing lactation consultations.

Experienced users of the full edition will find the content of this mini reference book concise, well organized, and practical for counseling lactating mothers. The medications are uniformly covered in 4 lines and listed in alphabetical order by generic name (followed by trade name) making it easy to locate. For each drug, the FDA Pregnancy Risk Category, Dr. Hale's Lactation Risk Category and a brief statement of use of the drug are provided. When available, paraphrased recommendations of the American Academy of Pediatrics, relative infant doses, drug half-life, oral bioavailability, and molecular weights are included. Hale did a great job maintaining accurate, up-to-date reference points for over 800 drugs, vaccines, vitamins, viral infections, and radiopharmaceuticals. As expected, this "mini" reference eliminates some details found in the larger version. For example, quick reference charts such as drugs and herbals to avoid in lactation and cough and cold preparations have unfortunately not been included in this abridged version. Some cancer chemotherapy agents, radiopharmaceuticals, radiocontrast agents, and contraception methods have been eliminated, and can be found in the appendices of the full version. The index of generic and trade names is very convenient.

This book is intended as a companion guide to the full edition of **Medications and Mothers' Milk 2008 (Thirteenth Edition)**. Therefore, healthcare providers who have limited opportunities to make lactation recommendations are advised to familiarize themselves with the essential information found in the full version, including the background to lactation processes, drug mechanisms of action, dosing and kinetics. Resources used for the compilation of this book were not cited therefore referencing the full edition for complete references is required.

Those who are regularly involved with lactation consulting will find this mini version a cost worthy and convenient addition to the full edition.

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